

Worksheet Painting with nature



What do you need?

- An adult assistant
- Heat source
- Pan
- Water
- Sieve
- Chopping board and knife
- Boiled eggs (white eggs work best)
- Vinegar
- An old pair of tights and a pair of scissors
- Leaves from herbs or trees
- Various vegetables and/or herbs (see below)

What determines which colour?

- Yellow: turmeric or onion skins
- Red: beetroot
- Green: parsley or green tea
- Blue: red cabbage
- Dark blue: blueberries
- Brown: coffee



Step I

Choose a colour and pick the vegetables or herbs that matches that colour.

Chop everything very finely and add it to the pan.

Pour in water until the vegetables are just covered.

Are you using turmeric?

If so, add 500 ml of water to the pan and two level tablespoons of turmeric powder.

Step 2

Bring the pan of water to a boil. Once it's boiling, turn the heat down low and let it simmer gently for 15–30 minutes. Check whether the water has reached the right colour.

Is it still too pale?

Let it boil for a little longer. Then turn off the heat and pour the coloured water through a sieve. Collect it in containers that can go in the fridge. Add a small dash of vinegar and stir.



Step 3

Take your boiled eggs, leaves, scissors and tights. Moisten the egg slightly and stick a leaf onto it, such as a parsley leaf or a small tree leaf.

Once it's in place, carefully slide the egg into the tights.

Pull the tights tight and tie a knot in them.

Cut off the excess length of tights.

Do this with all the eggs; one pair of tights will hold about three eggs.



Tip:

You can tie strings around your eggs before placing them in the coloured water. This creates a cool effect as well.



Step 4

Place the wrapped eggs in the coloured water and leave them in the fridge for an hour to overnight. The longer they are left in, the darker the colour.

Once the eggs are nicely coloured, cut open the tights and remove the leaves.

Tip:

You can also mix colours or dip the egg in one colour first and then in the other.



Tadaa!

Your eggs now have a beautiful leaf pattern.

Happy Easter!

