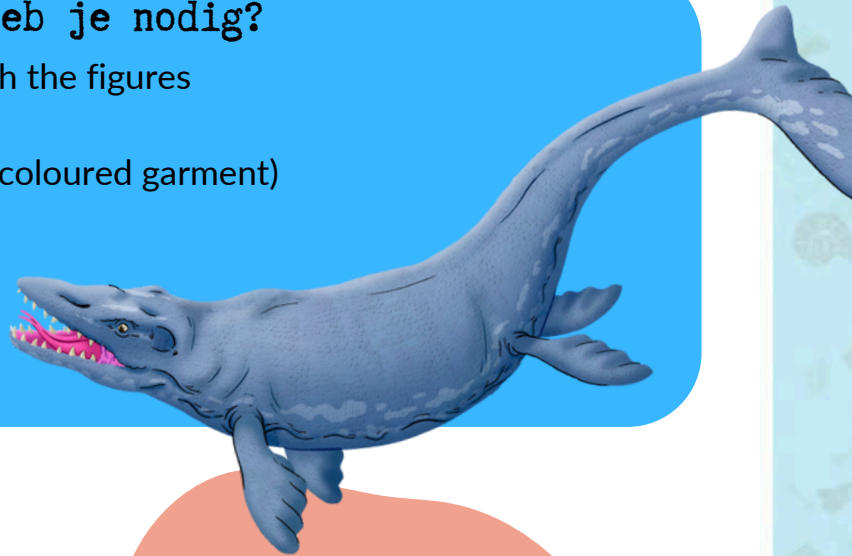


worksheet making t-shirt designs

Wat heb je nodig?

- A print out of this document with the figures
- A pricking pen or scissors
- A black T-shirt (or another dark-coloured garment)
- A piece of cardboard
- A plant sprayer
- Bleach
- An adult assistant



Step 1

Cut or prick out the figure (or figures) you want on your garment.



Step 2

Lay down protection on the table or floor and place your garment on it.

Put the cardboard on the inside of your garment so that the bleach does not press through.

Step 3

Place the cut-out shape (or the 'hole' in the paper) on your garment. Put something on top of it so it cannot move.



Step 4

Ask your adult assistant to fill the plant sprayer with bleach and water. Before you spray make sure the clothes you are wearing are also well protected!



Step 5

Spray with the plant sprayer on the garment.

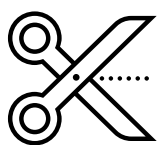
Don't make the paper too wet otherwise the bleach will press through.

And then wait for it to dry!



Tip!

Ask your assistant to wash the garment again thoroughly when it is completely dry.



Cut me out

